

St. Joseph Rehabilitation and Residence

Week-At-A-Glance

SPRING/ SUMMER - 2016 Week 3

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
French Toast - Syrup Scrambled Egg Oatmeal Cream Of Wheat Breakfast Sausage Banana Coffee Cake	Scrambled Egg Pancakes - Syrup Oatmeal Cream Of Wheat Banana Apple Cinnamon Muffin*	Pancakes - Syrup Scrambled Egg Oatmeal Cream Of Wheat Bacon Banana Blueberry Muffin	Egg & Cheese Souffle Pancake - Syrup Oatmeal Cream Of Wheat Home Fries - Ketchup Banana Honey Bran Muffin	French Toast - Syrup Scrambled Egg Oatmeal Cream Of Wheat Breakfast Sausage Banana Assorted Scone	Scrambled Egg Pancakes - Syrup Oatmeal Cream Of Wheat Banana Banana Muffin	Pancakes - Syrup Scrambled Egg Oatmeal Cream Of Wheat Bacon Banana Danish
Lunch:Regular						
Roast Turkey - Gravy Baked Ham Butternut Squash Asparagus Dinner Roll Mashed Potatoes - Gravy Cheesecake Bread Stuffing	Chicken Cacciatore - Parmesan Cheese BBQ Beef Italian Mixed Vegetables Wax Beans Penne Pasta Mashed Potatoes - Gravy Angel Cake W/strawberries	Sweet & Sour Meatballs Baked Stuffed Shells Buttered Green Beans Garlic Bread Buttered Noodles Mashed Potato - Gravy Chocolate Cupcake	Homestyle Shepherd's Pie Baked Alaskan Pollock - Tartar Sauce Scandinavian Mixed Vegetables Broccoli Rice Mini Whoopie Pie	New England Pot Roast - Gravy Ziti Ricotta Casserole Honey Glazed Carrots Mashed Potatoes - Gravy Macaroon Cookie	St. Joseph's Baked Haddock - Tartar Sauce Baked Macaroni & Cheese Squash Medley Stewed Tomatoes Lyonnaise Potato Mashed Potato - Gravy Apple Crisp	Hotdog - Ketchup / Mustard Turkey Burger - Ketc/Must/Relish Three Bean Salad Brown Bread New England Baked Beans Mashed Potato - Gravy Frosted White Cake
Dinner:Regular						
Broccoli & Cheese Soup - Saltine Crackers Sliced Roast Beef with Swiss - Mustard - Mayo Potato Encrusted Tilapia - Tartar Sauce Italian Green Beans Apple tart	Beef Barley Soup - Saltine Crackers Quiche Lorraine Shrimp Salad Roll O'brien Potatoes Potato Salad Broccoli Peaches	Savory Cabbage Soup - Saltine Crackers Ham Salad on wheat Beef Pot Pie Biscuit Bow Tie Pasta Salad Mashed Potatoes - Gravy Peanut Butter Cookie	French Onion Soup - Saltine Crackers Grilled Hamburger - with Lettuce And Tomato - Ketchup / Mustard Grilled Knockwurst - Sauerkraut Mixed beans Cole Slaw Fruit Cocktail	Sausage Gumbo Soup - Saltine Crackers Chicken Stew Seafood Salad Roll Biscuit Mashed Potatoes - Gravy Pickled Beets Jello Cake	Chicken Vegetable Soup - Saltine Crackers Chicken Parmesan Crab Cake Sandwich - Tartar Sauce - Lettuce Spaghetti French Fries - Ketchup Cauliflower Frosted Yellow Cake	Tomato Vegetable Soup - Saltine Crackers American Chop Suey - Parmesan Cheese Fish Tenders - Tartar Sauce Garlic Bread Baked Sweet Potato Fries Broccoli Cole Slaw Chocolate Ice Cream